

For Elementary School Students



A REBOOT CAN HELP YOUR CHILD GET BACK ON THE RIGHT TRACK

When you run into a problem on your laptop or smartphone, do you ever power it off and restart it? Rebooting a device can help it correct processing issues and start over. [Read More](#)

RESEARCH DISPROVES THESE FIVE COMMON MYTHS ABOUT LEARNING

Here are five common myths about learning, along with the research-based facts: [Read More](#)

KEEP YOUR DISCIPLINE TECHNIQUE SIMPLE TO REDUCE FRUSTRATION

There's no way around it: Your child is going to misbehave at some point—and it's going to be frustrating! [Read More](#)

ARE YOU TEACHING YOUR CHILD TO USE TIME WISELY?

The school year is half over, so now is a good time to take a few minutes to think about whether you're helping your child use her time wisely. [Read More](#)

For Middle School Students



FOUR NEW YEAR'S RESOLUTIONS FOR MIDDLE SCHOOL STUDENTS

Middle schoolers often need a "reboot" in the middle of the school year. Making a few New Year's resolutions is one way to get your child back on the path to success. [Read More](#)

EFFECTIVE WAYS TO HANDLE YOUR MIDDLE SCHOOLER'S EMOTIONS

Just when you thought your child had outgrown tantrums, along comes adolescence. Preteens are notorious for their high emotions. Here are tips for handling your child's angry outbursts: [Read More](#)

LEARN ABOUT THE DIFFERENT TYPES OF PEER PRESSURE

Middle schoolers can be easily influenced by their peers—and that's not always a bad thing. Get to know the types of peer pressure and learn how to respond to each. [Read More](#)

ARE YOU HELPING YOUR CHILD FOCUS ON THE FUTURE?

To find out if you are helping your child plan for the future, answer yes or no to the following questions: [Read More](#)

For High School Students



THREE NEW YEAR'S RESOLUTIONS CAN LEAD TO ACADEMIC SUCCESS

The start of a new calendar year is a good time to review the first half of the school year. Are your teen's grades where he—and you—would like them to be?

[Read More](#)

ENCOURAGE YOUR TEEN TO TAKE CLASS NOTES

Why do some teens do better in school than others? One reason may be that they take notes. However, teens don't always know what to write down.

Suggest that your teen take notes whenever the teacher: [Read More](#)

DO YOU PROMOTE RESPONSIBLE SOCIAL MEDIA USE?

Social networking sites—such as Twitter, Snapchat and Instagram—are increasingly popular among teens. Answer yes or no to the questions below to find out if you are helping your teen use these sites safely:

[Read More](#)

PREPARE YOUR TEEN FOR ADULTHOOD BY GIVING MORE RESPONSIBILITY

As a high school student, your teen is in training—and not just for the latest quiz. He's in training for adulthood. Assuming more responsibility for himself is the way to get there. [Read More](#)



"There are only two lasting bequests we can hope to give our children.

One of these is roots, the other, wings."

-Johann Wolfgang von Goethe

References

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NORTH CAROLINA ASSOCIATION FOR PUBLIC CHARTER SCHOOLS

The North Carolina Association for Public Charter Schools

P.O. Box 4877, Asheboro, North Carolina 27204
(336) 669-9996
rhonda@ncpubliccharters.org

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