

## For Elementary School Students



### OVERPROTECTIVE PARENTS HINDER RESPONSIBILITY

Overprotective parenting makes it difficult for children to learn essential skills for success in school and life—such as communication, negotiation, perseverance, responsibility and decision making. [Read More](#)

### CREATE A HOMEWORK ROUTINE

You want to help your child take responsibility for completing her homework—and creating a homework routine at the start of the school year can do just that. [Read More](#)

### GET YOUR FAMILY BACK INTO THE SCHOOL GROOVE

A new school year brings new routines, schedules and priorities. Here are some practical ideas to help you and your family gear up for a year of learning: [Read More](#)

### COMMUNICATION IS THE KEY TO A STRONG PARENT-TEACHER TEAM

Research shows that parent involvement in education has a positive effect on student success at school. When teachers and parents work together, the results can be powerful. To foster effective two-way communication: [Read More](#)

## For Middle School Students



### SCHOOL ATTENDANCE SHOULD BE YOUR CHILD'S TOP RESPONSIBILITY

Attendance is as important to your child's school career as a foundation is to a house. Without it, there is nothing to build on. To aim for great attendance: [Read More](#)

### ARM YOUR MIDDLE SCHOOLER WITH EFFECTIVE STUDY HABITS

Students need strong study skills to be successful in middle school—and parents play a significant role in helping their children develop them. The study skills middle schoolers learn now will help them succeed today, in high school and beyond. [Read More](#)

### REINFORCE LEARNING OUTSIDE THE CLASSROOM

Your middle schooler's education doesn't just happen at school. It happens everywhere! And you don't need a degree to reinforce his learning. You just need to be creative. [Read More](#)

### SLEEP IMPROVES STUDENTS' SCHOOL PERFORMANCE

Experts agree: Most middle schoolers aren't getting the sleep they need in order to do their best in school. One study found that 85% of adolescents get fewer than eight and a half hours of sleep each night. Students this age should be getting nine to 10 hours. [Read More](#)

### For High School Students



#### ARE YOU STARTING THE YEAR WITH SUCCESS IN MIND?

["Begin with the end in mind," advises author Stephen Covey. In other words, help your teen start the year with the habits that will lead to success all year long.

[Read More](#)

#### TIME MANAGEMENT IS A VITAL SKILL FOR SUCCESS

Using time wisely is one of the best lessons in responsibility that students can learn. It will keep your teen from missing deadlines and appointments. It will help him stay up to date with schoolwork. And it will help him lead a less stressful life. [Read More](#)

#### TO PROMOTE RESPONSIBILITY, STOP HOVERING!

Studies show that overly involved parents, sometimes called "helicopter" parents, can hurt their teen's school performance. They can even make their teen more anxious and depressed. [Read More](#)

#### ENCOURAGE YOUR TEEN TO TAKE STEM CLASSES

It's natural to worry about your teen's future and whether he will be able to get a good job. A new study found one effective way to make a difference for your teen's future: Talk about the importance of science and math. [Read More](#)



*"There are only two lasting bequests we can hope to give our children.*

*One of these is roots, the other, wings."*

*-Johann Wolfgang von Goethe*

#### References

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NORTH CAROLINA ASSOCIATION FOR PUBLIC CHARTER SCHOOLS

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#### Mission

Advancing quality educational opportunities for all North Carolina children by supporting and expanding successful public charter schools!